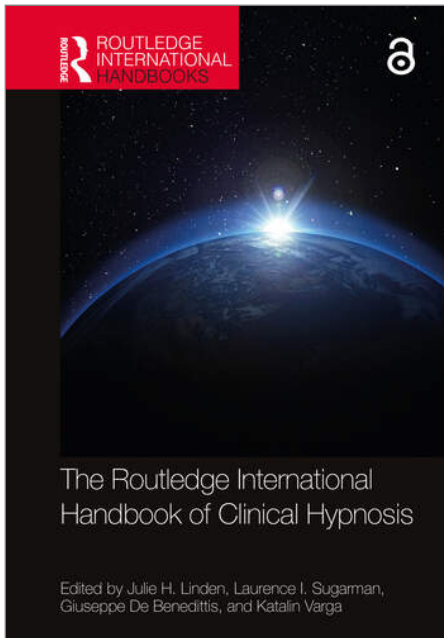


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The Routledge International Handbook of Clinical Hypnosis

Edited By **Julie H. Linden, Giuseppe De Benedittis, Laurence I. Sugarman, Katalin Varga**

The Routledge International Handbook of Clinical Hypnosis explores and clarifies the challenge of defining what hypnosis is and how best to integrate it into treatment. It contains state-of-the-art neuroscience, cutting-edge practice, and future-oriented visions of clinical hypnosis integrated into all aspects of health and clinical care. Chapters gather current research, theories, and applications in order to view clinical hypnosis through the lens of neurobiological plasticity and reveal the central role of hypnosis in health care. This handbook catalogs the utility of clinical hypnosis as a biopsychosocial intervention amid a broad range of treatment modalities and contexts. It features contributions from esteemed international contributors, covering topics such as self-hypnosis, key theories of hypnosis, hypnosis and trauma, hypnosis and chronic pain management, attachment, and more.

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This handbook is essential for researchers, clinicians, and newcomers to clinical hypnosis, in medical schools, hospitals, and other healthcare settings.

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"This book provides a comprehensive overview of the principles and techniques of hypnosis, along with practical guidance on its use in different medical settings. The authors give clear and concise explanations of complex concepts based on their wealth of experience in the field and extensive references to the literature. It is an invaluable resource for any medical practitioner looking to expand their knowledge and incorporate hypnosis into their practice."

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