



European Society of Hypnosis

In Psychotherapy and Medicine

Agenda – Crisis Intervention Committee – Zoom – Wednesday 22nd November 2023 at 19.00 CET

During this meeting we would want to establish the following:

1. Mission statement. e.g. To offer hypnosis support and resources, without prejudice, to any population in crisis.
2. Constitution
3. Crisis and Intervention Committee name change to Hypnosis without Borders
4. The possibility of more regular meetings (perhaps every 2 months initially)
5. Identifying volunteers to support the following roles:
 - Collecting and coordinating online resources, including scripts, available informative videos, available on demand training and support systems that could be made available and accessible on the websites of ISH and ESH.
 - Website management to add resources to websites etc.
 - Volunteers to assist with translation, with an initial project of translating scripts into English to be more easily available for translation into the language of a population in crisis.
 - Developing a Survival Kit that can be made available for a population in Crisis (such as and perhaps including the “Comfort Kits” – with permission),
 - Investigate the possibility of having a team of volunteers to provide hypnosis support and training to healthcare workers in societies in crisis and perhaps develop a proposal of how this may function in the future.
 - Training to health care providers in hypnosis for crisis management,
 - Support as an extension of the training, for example through supervision and mentorship.
6. Other possibilities for future consideration
 - Funding
 - Support for existing online support services (provide hypnosis training or volunteers)
 - Chronic trauma management and support
 - Others

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7. Research /validation of outcomes

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