



European Society of Hypnosis

In Psychotherapy and Medicine

20th September 2023

Dear Constituent Society and interested Members,

A meeting of the Crisis Intervention Committee (CIC) has been arranged for Wednesday 27th September at 21.00 CET.

The purpose of the meeting is to make some decisions about the future of the CIC. The CIC provided much needed help for our colleagues who were involved with those affected by the war in Ukraine.

We would like to propose the following points for discussion at the meeting:

- Crisis and Intervention Committee name changes to Hypnosis without Borders – as suggested by Gerard Fitoussi.
- The possibility of more regular meetings (perhaps every 2 months initially)
- Identifying volunteers to support the following roles:
 - Collecting and coordinating online resources, including scripts, available informative videos, available on demand training and support systems that could be made available and accessible on the websites of ISH and ESH.
 - Website management to add resources to website etc.
 - Volunteers to assist with translation, with an initial project of translating scripts into English to be more easily available for translation into the language of a population in crisis.
 - Developing a Survival Kit that can be made available for a population in Crisis (such as and perhaps including the “Comfort Kits” – with permission),
 - Investigate the possibility of having a team of volunteers to provide hypnosis support and training to healthcare workers in societies in crisis and perhaps develop a proposal of what this may function in the future – as suggested by Gerard Fitoussi.
 - Training to health care providers in hypnosis for crisis management,
 - Support as an extension of the training, for example through supervision and mentorship.
- Other possibilities for future consideration

ESH Central Office, Suite 2/8, Waterloo Chambers, 19 Waterloo St, Glasgow, Scotland G2 6AY ,

E-mail: mail@esh-hypnosis.eu Web: www.esh-hypnosis.eu

- Funding
- Support for existing online support services (provide hypnosis training or volunteers)
- Chronic trauma management and support
- Others

If you have experience in dealing with patients who have PTSD or specific expertise in supporting people working with crisis situations, such as war or natural disaster, then we would be very grateful for your input to this committee. We would also be hoping to have a reserve list of colleagues who can translate resources.

We would like to take this opportunity to thank all of our colleagues who rose to the challenge and provided their expertise and time to our colleagues in Ukraine.

It would be helpful if you could let us know if you would like to join the meeting by contacting mail@esh-hypnosis.eu.

The zoom link is provided below, and we look forward to seeing you at the meeting.

Dr Kathleen Long – Co -chair CIC - ESH President
Callie Hattingh – Co-chair CIC – Vice chair ISH

Kathleen long Kathleenalberta4623 is inviting you to a scheduled Zoom meeting.

Topic: CIC Wednesday 27 th September at 21.00 CET.
Time: Sep 27, 2023 08:00 PM London

Join Zoom Meeting
<https://us02web.zoom.us/j/89099667018?pwd=aHBLLzNjWkU1RGJ1R0RMOVFuRzY5dz09>

Meeting ID: 890 9966 7018
Passcode: 336766

One tap mobile
+15642172000,,89099667018#,,,*336766# US
+16469313860,,89099667018#,,,*336766# US

Dial by your location

- +1 564 217 2000 US
- +1 646 931 3860 US
- +1 669 444 9171 US
- +1 669 900 6833 US (San Jose)
- +1 689 278 1000 US

ESH Central Office, Suite 2/8, Waterloo Chambers, 19 Waterloo St, Glasgow, Scotland G2 6AY ,
E-mail: mail@esh-hypnosis.eu Web: www.esh-hypnosis.eu

- +1 719 359 4580 US
- +1 929 436 2866 US (New York)
- +1 253 205 0468 US
- +1 253 215 8782 US (Tacoma)
- +1 301 715 8592 US (Washington DC)
- +1 305 224 1968 US
- +1 309 205 3325 US
- +1 312 626 6799 US (Chicago)
- +1 346 248 7799 US (Houston)
- +1 360 209 5623 US
- +1 386 347 5053 US
- +1 507 473 4847 US

Meeting ID: 890 9966 7018

Passcode: 336766

Find your local number: <https://us02web.zoom.us/j/kc4lmxFaOo>