



European Society of Hypnosis

In Psychotherapy and Medicine

4th October 2022

Dear Constituent Society,

The Board of Directors meets regularly with the organising committee for the 2023 Congress. The Congress organising Committee have brought to our attention the rising costs of hotels and accommodation in Istanbul as well as the lack of availability of the University premises which would normally be used by the organising committee for Congresses in Istanbul. This is due to the fact that the Ministry of Health is running congresses at the same time as the ESH Congress. There are other congress venues available but again these are proving to be expensive. This would not only increase the costs for those attending Congress but also for the hosting societies.

The Congress Organising committee have suggested holding the 2023 Congress in Antalya as an alternative to Istanbul. Antalya has excellent and reasonably priced Congress venues with five-star hotels at reasonable cost. Antalya has a large commercial centre and is also a favourite location for Congresses as well as a place of historic and cultural interest. The costs in Antalya would be inclusive of all meals and refreshments allowing delegates to keep their spend down to a reasonable and affordable level. There are also many direct flights from Europe to Antalya again at reasonable cost.

Many countries in and around Europe are experiencing financial difficulties and the reasons are well known to us all. We also have several Constituent Societies who would not be able to afford to send delegates to the 2023 ESH Congress if the costs were prohibitive. After meeting with the Turkish Societies and after careful consideration of all the facts and figures the ESH Board have unanimously decided to support the change from Istanbul to Antalya. The Congress Organising Committee have a wealth of experience in organising international congresses and we have every confidence in their ability to make the 2023 ESH Congress a success.

For those of you still wishing to visit Istanbul, this can be organised as an addition to the congress itinerary and the Congress organisers are happy to facilitate this.

I would ask all our Constituent Societies to support this move and work together to promote the Congress and ensure its success.

We will be adding further information to the website, and I look forward to seeing you all in 2023 in Antalya.

Yours sincerely,

Dr Kathleen Long
ESH President

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