



Society of Medical Hypnosis (THD)'s Bid for 2023 ESH Congress

Dear Colleagues,

The Society of Medical Hypnosis (THD) had the honour to host the 12th Congress of ESH in Istanbul in 2011 and would like to host the next 2023 ESH Congress in Istanbul.

The Society of Medical Hypnosis (THD) is the first Turkish Hypnosis Society that has been organizing national and international medical hypnosis congresses - since 2004, almost every year, inviting experts from other countries.

THD has been an ESH Constituent Society since 2005. Since the THD's 5th International Medical Hypnosis Congress in 2008, THD has hosted ESH board in 2008, 2010, 2011, 2018 and 2019.

All these events have let THD to gain great experience about organizing international congresses.

Furthermore, there is a very significant reason why THD would like to host 2023 ESH Congress: **2023 is the "100th Anniversary of Turkish Republic"**. "Mustafa Kemal Atatürk", the founder of the Turkish Republic, led the whole nation to its independence; and on October 29, 1923 the Turkish parliament proclaimed the new Turkish state as a republic.

"*Peace at Home, Peace in the World*" is the official motto of the Turkish Republic, which is coined by Mustafa Kemal Atatürk.

So, I want to convey my best wishes to you with the THD's proposed motto for 2023 ESH Congress if THD's bid is accepted:

"Peace at Home, Peace in the World..."

Peace in the Soul, Peace in the Body...

Peace with Hypnosis, Peace with Love & Joy..."

Dr. Ali Özden Öztürk

President of Society of Medical Hypnosis (THD)

BOD Member of European Society of Hypnosis (ESH)

Chair of ESH Committee on Educational Programmes in Europe (CEPE)

Holder of European Society of Hypnosis Certificate (ESHC)

About 2023 ESH Congress in Istanbul

THD would like to host 2023 ESH Congress in Istanbul, on **26 and 29 October, 2023** at the Istanbul Medipol University, with the sponsorship of the Turkish Ministry of Health, that we already have contacted them.

The congress language is English. We also plan to arrange from English to French and to German translation if more than 50 French or German speaking participants register for the congress.

There will be a discount for ESH CS Presidents and ESHC (ESH Certificate) Holders. The details of the discount will be announced after the congress budget is approved.

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ESH Constituent Society:	Society of Medical Hypnosis (THD)
Event Title	2023 ESH Congress
Congress Motto	“Peace at Home, Peace in the World... Peace in the Soul, Peace in the Body... Peace with Hypnosis, Peace with Love & Joy...”
Date(s)	26-29 October, 2023 (4 days)
Time(s)	9:00-19:00
Venue:	Istanbul Medipol University
Invited Speaker(s):	To be announced
Language:	English
Translations:	English-Turkish English-French (To be organized, if more than 50 French speaking participants register for the congress) English-German (To be organized, if more than 50 German speaking participants register for the congress)
Fees	To be announced Discount for ESH CS Presidents and ESHC (ESH Certificate) Holders (Details to be announced)
Registration Website:	To be announced
Email:	info@medicalhypnosiscongress.org.tr
Telephone:	0090 505 563 1331 (WhatsApp)

About Congress Venue and Istanbul

We plan to hold the 2023 ESH Congress in Istanbul Medipol University. We already have been organizing THD's annual "International Congress of Medical Hypnosis" in Medipol University for the last few years. Also, Medipol University hosts many other different scientific and academic congresses each year.

Maybe most of you have visited Istanbul. Istanbul is the crossroads of civilizations throughout history, and Istanbul is the only city bridging Asia and Europe. Its cultural heritage, unique geography, natural assets, and the Bosphorus, turns Istanbul into an unmatched destination and an opportunity for unforgettable memories and great experiences.

Istanbul is a modern metropolitan city gathering people from different cultures and backgrounds.

Hosting many cultural and art events including theaters, concerts, operas and ballets, Istanbul was elected as the European Capital of Culture in 2010.

Accommodation, food and beverage are cheap in Istanbul compared to Europe since Euro, Sterling and Dollar have a good exchange rate.

By taking into consideration all these assets that are supported by modern congress centers, transportation, and first-class accommodation facilities it can be said that Istanbul is among the top destinations for international congresses.

To know more about Istanbul, you can visit www.howtoistanbul.com

Below you can see some pictures of THD's "International Congress of Medical Hypnosis" held in Medipol University in previous years, and also some lovely pictures of Istanbul taken by our Congress participants.



*Perfection of Beauty and Beauty of Perfection
11th International Congress of Medical Hypnosis*

