



## **Current and Future Benefits of Holding an ESHC**

### **Introduction**

The European Society of Hypnosis (ESH) is awarded to professionals who have gained expertise in their field and are committed to the highest professional standards.

The ESHC is granted by the European Society of Hypnosis to candidates who have completed an approved course of training within ESH Accredited Training Societies (ATSS) and undertaken the prescribed hours of supervision and clinical experience.

The ESHC is granted for three years initially (fee €75 / £62) and is renewable triennially (fee €50 / £42) on submission of a minimum of 60 CPs (Credit Points) of verifiable CPD (Continuing Professional Development).

### **Advantages**

1. Holding an ESHC gives an indication of a commitment to the highest professional standards.
2. Holding an ESHC indicates accreditation to the only European-wide hypnosis society that adheres to strict professional standards in practice, in training and research in the field of hypnosis.
3. Holding an ESHC is confirmation to colleagues, patients and clients that the holders are committed to continuous professional development.
4. Holding an ESHC allows participation at special events for ESHC Holders organised during the ESH congresses.
5. Belonging to an active and supportive community of like-minded colleagues.

### **Possible Future Advantages**

- A. Being part of a web community of ESHC holders.
- B. Participating in a focus group devoted to studying the development of hypnosis in Europe.
- C. Offering the opportunity to take part in innovative European wide research and clinical audit projects.
- D. Receiving discounted fees to ESH conferences.