

ESHHC Requirements

Abbreviations & Definitions

ATS: Accredited Training Society.

CS: Constituent Society

CPD : Continuing Professional Development

ESH: European Society of Hypnosis

ESHC: European Society of Hypnosis Certificate

* **“A qualified health professional”** is a person who is authorized by legal authorities to treat clients/patients; such as Medical Doctors, Dentists, Clinical and Medical Psychologists and Psychotherapists.

Psychologists and Psychotherapists are eligible to apply for ESHC **only if** their titles are **legally registered** in their own countries and they are authorized by legal authorities to treat clients/patients.

Depending on each country’s laws and regulations **“legal health authorities”** can be the Government and/or Ministry of Health and/or Universities and so on.

** **“Further Hypnosis Training”** should be **minimum 100 hours** in hypnotic applications and techniques. “Further Hypnosis Training” can include courses, conferences, workshops and online learning etc.

*** **“A qualified hypno-psychotherapist”** is a person who has completed **minimum 2000 hours** of **academic** training in **“Hypno-Psychotherapeutic Modality”**.

Modality use of hypnosis will only be acceptable in countries where **“Psychotherapy”** and **“Hypno-Psychotherapy”** are **legally registered titles** and are **recognized by legal authorities** (such as Government and/or Ministry of Health and/or Universities).

Attachment 1: ESHC Training Requirements

Attachment 2: ESHC Application Form

Attachment 3: ESHC Further Hypnosis Training Record Sheet

Attachment 4: ESHC Renewal Form

Attachment 5: ESHC CPD Record Sheet

Chart 1: ESHC APPLICATION PROCESS-ADJUNCT

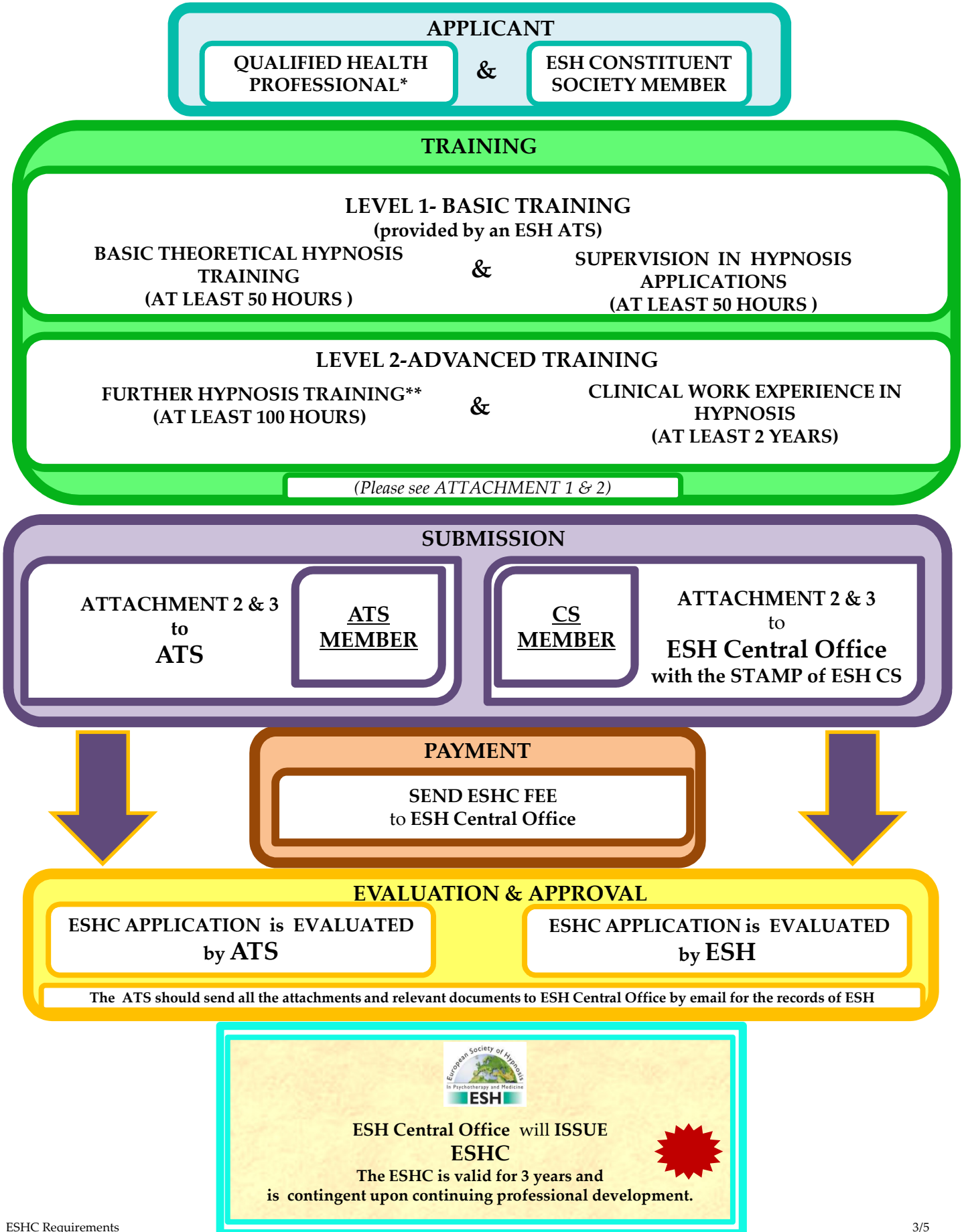


Chart 2: ESHC APPLICATION PROCESS–MODALITY

TRAINING

HYPNO-PSYCHOTHERAPEUTIC MODALITY TRAINING

MINIMUM 2,000 HOURS of ACADEMIC TRAINING in HYPNO-PSYCHOTHERAPY

(Please see ATTACHMENT 1 & 2)

APPLICANT

QUALIFIED
HYPNO-
PSYCHOTHERAPIST ***

&

ESH CONSTITUENT
SOCIETY MEMBER

SUBMISSION

ATTACHMENT 2
to
ATS

ATS
MEMBER

CS
MEMBER

ATTACHMENT 2
to
ESH Central Office
with the STAMP of ESH CS

PAYMENT

SEND ESHC FEE
to ESH Central Office

EVALUATION & APPROVAL

ESH C APPLICATION is EVALUATED
by ATS

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by ESH

The ATS should send all the attachments and relevant documents to ESH Central Office by email for the records of ESH



ESH Central Office will ISSUE
ESH C

The ESH C is valid for 3 years and
is contingent upon continuing professional development.



Chart 3: ESHC RENEWAL PROCESS-ADJUNCT & MODALITY

