



European Society of Hypnosis

In Psychotherapy and Medicine

Please specify:

ADJUNCT / MODALITY

(Please see definitions page for further information)

Renewal Application for the European Society of Hypnosis Certificate (ESHC)

(Please PRINT clearly or TYPE – illegible entries will be returned)

Full Name (Prof / Dr / Mr / Mrs / Miss / Ms)			
Full Postal Address			
Country		Postcode	
Telephone Number			
Mobile / Cell Number			
E-mail address			
May we use your email address for correspondence?	Yes	No	
May we publish your name (as an ESHC holder) in the ESH Newsletter, website or social media?	Yes	No	
Professional Qualifications			
Present Job / Speciality / Practice			
Name of Constituent Society			
Year of Joining to Constituent Society			
Have you paid your Society's Membership fees?	Yes	No	Date:
Do you meet ESHC Renewal Requirements for the renewal application? (Please see below ESHC Renewal Requirements)	Yes		No
Signature of the President or BOD Member of the National Society endorsing Application	(Signature and Date) (Name in Capitals)		(Society Stamp)

Guidelines for the Ongoing Maintenance of the ESHC

The ESHC is valid for three years and is contingent upon continuing professional development (CPD). Holders of the ESHC will be required to provide a verifiable record of CPD, which CEPE (the Committee on Educational Programmes in Europe) has set at **60 Credit Points (CPs) over three years**. Once validated, a new Certificate will be issued on payment of **£42 / 50 Euro**.

ESHC CPD Guidance Notes

(CP: Credit Point, CPD: Continuing Professional Development)

	Category	Type of CPD	Validation by ESH as CPD	Number of CPs as an Attendee	Number of CPs as a Teacher	Notes
1	CONGRESSES OF ESH OR ISH	Lectures, Workshops Symposia, Clinical / Video Case	NO	1 hour = 1 CP	1 hour = 2 CPs	Applicants must keep a track of Certificates of Attendance.
2	CONGRESSES ORGANISED BY ESH CONSTITUENT SOCIETIES	Lectures, Workshops Symposia, Clinical / Video Case	YES	1 hour = 1 CP	1 hour = 2 CPs	The content of the Constituent Societies' programmed Congresses will be sent to CEPE. The ESH website will then list these and specify the number of CPs validated. Applicants must keep a Certificate of Attendance.
3	SUPERVISION in Clinical Hypnosis (organised by Constituent Societies)		YES	1 hour = 1 CP	1 hour = 2 CPs	Applicants must keep a track of Certificates of Attendance.
4	TRAINING OF TRAINERS who give instruction in the clinical application of hypnosis	Training Courses organised by Constituent Societies or by legal authorities such as Government, Ministry of Health, Universities etc.	YES	1 hour = 1 CP	1 hour = 2 CPs	Applicants must keep a track of Certificates of Attendance.
5	OTHER SUBMISSIONS Publishing Teleconference Webinars Distant Learning	i) Publishing e.g. a book, chapter of a book or a paper in a scientific / non scientific journal ii) Other items at assessment			To be assessed by CEPE on review	This section can only constitute 20% of the total.

Please send the completed ESHC Renewal Form, ESHC CPD Record Sheet (Attachment 5) and the relevant documents (certificates, diplomas etc.) to: mail@esh-hypnosis.eu

Please send **50 Euros or 42 GBP** made payable to the European Society of Hypnosis to ESH Central Office, Suite 2/8, Waterloo Chambers, 19 Waterloo St, Glasgow G2 6AY UK.

Should you wish to make payment by PayPal or direct Bank Transfer, please email ESH Central Office on mail@esh-hypnosis.eu

DEFINITIONS

Continuing Professional Development (CPD): ESHC is valid for **three years** and is contingent upon continuing professional development (CPD). Holders of the ESHC will be required to provide a verifiable record of CPD, which CEPE (the Committee on Educational Programmes in Europe) has set at **60 Credit Points (CPs) over 3 years**.

Credit Point (CPs): As a proof of CPD, ESHC Holders should collect Credit Points (CPs) by attending hypnosis events (lectures, workshops, courses, symposia, and congresses etc.). You can see above **ESHC CPD Guidance Notes** for further information about how to collect CPs for CPD.

ESHC RENEWAL REQUIREMENTS

I) One should meet ESHC Requirements in order to apply for the renewal of her or his ESHC. For further information please see ESHC Requirements for the Adjunct Use of Hypnosis and for the Modality Use of Hypnosis (Attachment 2).

II) For the renewal application of ESHC, one should be **a member of an ESH Constituent Society (CS)**. This is an important criterion for ESH since being a member of an ESH CS is a good indication of professional interest, dedication and enthusiasm to use hypnosis in accordance with ESH standards.

III) To be eligible for the renewal application of ESHC, one should collect minimum **60 CPs in the last 3 years** as a proof of CPD in the field of hypnosis.

WHAT TO DO TO COMPLETE THE ESHC RENEWAL APPLICATION

I) The ESHC Renewal Applicant should fill in **Attachment 4: ESHC Renewal Form**.

II) The applicant should prepare **Attachment 5: ESHC CPD Record Sheet** along with **the copies of the relevant Certificates** to show that she or he has collected at least 60 Credit Points (CPs) over 3 years.

III) The applicant should submit Attachment 4, Attachment 5 and the relevant documents (certificates, diplomas etc.) to her or his **CS or ATS**. The CS or ATS should **stamp** all the forms and **send** by email all the attachments and relevant documents to **ESH Central Office** for the records of ESH.

IV) The applicant should send ESHC **renewal fee** to ESH Central Office so that the Evaluation and Approval Process could start.

V) If ESHC renewal application is **approved**, then ESH Central Office will **renew** ESHC upon receipt of the renewal fee, the renewal application form and all the relevant documents (all attachments, certificates, diplomas etc.).

VI) ESH Central Office will **send** ESHC to the applicant's postal address.

VII) ESHC is valid for **three years** and is contingent upon continuing professional development. Holders of the ESHC will be required to **renew** their ESHC by providing a verifiable record of **60 Credit Points over 3 years**.

Please see Chart 3: ESHC RENEWAL PROCESS–ADJUNCT & MODALITY in Chart A: ESHC Requirements.