Dear Colleagues, Dear Friends

2006 is a very special year for ESH; we celebrated our 30th Anniversary! All COR Members were invited for this special event at the ISH Congress in Acapulco - August 2006. A very good reason, to have an interview with Peo Wikström who can be considered as the founder of ESH, that started
as the European Branch of ISH and after it's toddler years, could grow up to an independent society. We are happy to welcome new Constituent Member Societies, and proud that also other Societies are applying for membership. As you know the Newsletter is a place where you and your Society can communicate with other societies. The content of the Newsletter is dependent on your input! You can send information to ESH Central Office mail@esh-hypnosis.org or to me nicole.ruysschaert@skynet.be.

Chers collègues, chers amis

L’année 2006 est tout spéciale pour l’ESH. Nous allons fêter la 30ème anniversaire de l’ESH. Tous les membres du COR sont invités à cet événement lors du congrès international à Acapulco au mois d’août 2006. Il n’y a pas de meilleur raison à avoir un entrevu avec Peo Wikström, qui peut être considéré comme le fondateur d’ESH, société qui d’abord était une branche européenne de l’ISH, et après ses premiers pas dans le monde, est devenu ‘adulte’ s’est développé comme une société indépendante. Nous sommes très heureux à accueillir des nouvelles sociétés membres, et fière que d’autres sociétés sont candidats-membres. Comme vous le savez, le « newsletter » est une lieu où vous et votre société peuvent communiquer avec d’autres sociétés. Le contenu de la lettre dépend de vos contributions. Vous pouvez envoyer toute information à l’office central de ESH mail@esh-hypnosis.org ou à moi nicole.ruysschaert@skynet.be

Liebe Kollegen, liebe Freunde,


Cari colleghi, cari amici,

il 2006 è un anno speciale per l’ESH: festeggiamo il suo 30° anniversario. Tutti i membri COR sono invitati per questo speciale evento al congresso ISH in Acapulco il prossimo agosto. Ne è la migliore ragione il poter avere un’intervista con Peo Wikström che può essere considerato il fondatore dell’ESH, nata come ramo europeo dell’ISH, e che ben presto divenne una società indipendente. Siamo lieti di dare il benvenuto a nuove società costituenti, fieri che anche altre associazioni abbiano chiesto l’adesione.

Special thanks to Matthias Mende for translating into German.
2) ESH News

a) Board Members - Who is Who?

At the COR (Council of Representatives) Meeting in GOZO, September 2005 the new ESH Board was elected. Notice some correction compared to the previous issue (Gunnar Rosén is first Vice-President and Nicole Ruysschaert is second Vice-President)

Shaul Livnay (Israel)Immediate Past President
Mhairi McKenna (UK)President
Matthias Mende (Austria)President Elect
Gunnar Rosén (Scandinavia)First Vice President
Nicole Ruysschaert (Belgium)Second Vice President
Phyllis Alden (United Kingdom)Treasurer
Albrecht Schmierer (Germany)Board Member and
Cenk Kiper (Turkey)Representative for Dentists
Eric Vermetten (The Netherlands)Board member

ESH Board Meetings

The Board of Directors had a Meeting in Sheffau, 2006 March, where the Board had been invited by ÖGATAP, the Austrian Society of Hypnosis. We are grateful to the Society for hosting the Board, in a wonderful winter-décor, and in very comfortable accommodation. The BOD also met at the ISH Meeting in Acapulco last August.

New Constituent Societies of ESH

At the Council of Representatives Meeting (September 2005) the British Royal Society of Medicine (RSM), the Turkish Scientific Hypnosis Society (BHD) (the two already ratified by E-vote) and the Spanish Society for Ericksonian Hypnosis (AEHE) are voted by hand sign to be new Constituent Societies of ESH.

At the ISH meeting in Acapulco in August, an EGM of the COR was held. The following Societies were accepted for membership:

The AFHYP (Association Française d'Hypnose) and THD (The Society of Medical Hypnosis) (Turkey). CFHTB (Confédération Francophone d'Hypnose
et de Thérapie Brève) is an umbrella society for different societies in France, Switzerland, Belgium and Quebec.

ESH COR meeting held in Acapulco, August 2006:

As well as the acceptance of the Societies named above, the COR voted to accept a number of Constitutional amendments proposed by the BOD. These included the extension of Membership to individuals from countries that do not have national Constituent Societies, Associate Membership of Societies outside Europe, Honorary Fellows and Confederations of Societies.

The COR also voted to accept the ESH’s right to issue the European Certificate of Hypnosis, which will initially only be available to Members of Constituent Societies where that Society has a system of accreditation that meets the minimum standards agreed by the ESH’s Committee for Education. The new Constitution has already been circulated to all Societies and will be available soon on the website.

3) Per-Olof Wikström (“Peo”)

a) Interview

We are meeting in the lounge of the ESH Congress Hotel l'Imgarr in Gozo, September 2005. Peo’s enthusiasm for the sake of hypnosis still reminds us of The “King of the Swedish Vikings” as he was called at the first ESH Congress, 1978 Malmö (Sweden).

Peo is keeping alive a fighting spirit for the hypnosis field. He is eager to talk with me about his preferred subject…hypnosis, memberships, friends, congresses and the journal Hypnos….the good and less good days. As ESH celebrates its 30th Anniversary in 2006 it’s interesting to get some first hand information about how the society was founded.

As member of ISH, Peo became familiar with the international world of hypnosis. Uppsala, Sweden was the place where the 6th International Congress for hypnosis took place in 1973, and where a new constitution of ISH and the change of the name of the society from International Society for Clinical and Experimental Hypnosis into International Society of Hypnosis took place.

Between the Swedish organisers we see names as Prof. Ingmar Dureman who was the president of the Swedish Society, Peo who was Secretary of the Society and presented on “Surgery under hypnosis” and Lars-Eric Unestahl, who played an active
role in the Congress and edited a booklet about “Hypnosis in the Seventies” with a report of different congress presentations.

Participating at different congresses Peo felt some difference between the International and the European situation, where some colleagues were devoted to various forms of hypnosis, sophrology, guided imagery, autogenic training. Because of some cultural difference in past times, some European people like Peo had the impression that these different forms were not accepted as mainstream hypnosis by American and Canadian colleagues, who were the leading figures of ISH by then.

At the 1976 ISH Congress in Philadelphia, Peo presented to a group of European delegates an idea of a European Section of ISH. As pioneers, they wanted to keep contact with the ISH, but find a place where European hypnosis people could develop their personal ways of working with hypnosis. For that reason a section of ISH, called the European Section of the International Society of Hypnosis (ESISH), was founded.

Another milestone in the ESH evolution was to take the initiative for the organisation of the first European Congress of Hypnosis in Psychotherapy and Psychosomatic Medicine. The congress took place in 1978, in Malmö (Sweden) May 31-June 4th and was organised by the SSCEH (Swedish Society of Clinical and Experimental Hypnosis) together with the Swedish Society of Medical Psychology. It was partly sponsored by the ISH, and partly by the University of Lund.

A memorable Viking Banquet was offered to participants, and Peo was nominated “King of the Vikings”.

But having a European Society didn’t mean being separated from the international society...on the contrary! Peo, as the first ESH president is the one who launched the idea of developing a co-operation between the “Big Brother” of ISH and the league of the few European Societies. Then he coined a saying, he has become fond of afterwards: We must build bridges between the Old and the New World. Years later Peter Bloom asked if ISH could borrow his coinage, “Building bridges of understanding” and if the theme of the European Society could also become the keyword of the ISH. Now ISH and ESH can go together under the same heading: “Building bridges of understanding”.

From the very beginning, the SSCEH had a periodical journal. Since 1974 the material has improved and the journal has earned a good reputation, despite several changes of its name. Since 1985 the journal has been called Hypnos, and as it was chosen as the official journal for the ESH it was published in English since 1989. For many years Peo has been Editor-in-Chief for Hypnos.
In the line of building bridges many interested hypnosis practitioners became foreign member of the SSCEH and Hypnos. Subscribers sent papers to be published in Hypnos and news from societies and personal news from members for the famous section “We and the World”.

Recent financial problems and a reorganisation forced the current Hypnos editors to reduce the English content and to restrict themselves to a mainly Swedish content. It’s with great sadness, that Peo notices this evolution. But his work can be continued and will get an updated version in an electronic newsletter, easily to send out and to spread around Europe and the world for interested people.

And despite of his age and some consequences of a stroke, we are very glad that Peo continues to show his involvement, to attend congresses and to apply hypnosis in a creative way: even to assist his recovery he could find some help from hypnosis.

Thank you Peo for being here with us, and hope to see you next August 2006 in Acapulco to celebrate the 30th anniversary of ESH.

Nicole Ruysschaert

References

ISH Newsletter. Vol. 23 N° 2 - October 1999


b) Eulogy : Milton-Erickson-Prize

Original Text (German) by Albrecht Schmierer

Verleihung des Milton-Erickson-Preises 1999 an Per-Olof Wikström aus Schweden


Die zahlreichen Kongreßbesucher, die sich zur Preisverleihung eingefunden hatten, hatten nicht nur Gelegenheit, eine Reihe von humorvollen Reden der Gratulanten und des Preisträgers selbst zu genießen, sondern konnten sich auch an musikalischen Darbietungen wie z. B. der "Ode an die Freude" von L. v. Beethoven erfreuen.
Die Laudatio hielt Albrecht Schmierer aus Stuttgart, Präsident der Deutschen Gesellschaft für Zahnärztliche Hypnose:

Ich habe heute die große Ehre und Freude für Per Olof Wikström diese Laudatio halten zu dürfen. Peo ist Vorbild, Mentor, Papa und Freund nicht nur für die Schmierer Familie, er ist dies auch für die ganze internationale Hypnosefamilie. Auch diejenigen, die noch nichts von ihm gehört haben, genießen hier und jetzt und schon lange die Ergebnisse seiner jahrzehntelangen Arbeit für die Hypnose. Ohne Peo hätte die Hypnose in Europa nicht diese Bedeutung und die große Anerkennung erreicht, an der wir alle partizipieren. Deshalb wurde er als Preisträger für den Milton Erickson Preis, gestiftet von Ulrich Freund, von der Jury ausgewählt.


Das heutige Datum, der 6. November, hat für die Schweden eine besondere Bedeutung:


Für diejenigen, die bei einem solchen Vortrag gerne in Trance gehen, hier am Anfang eine Zusammenfassung der wichtigsten Daten des Preisträgers, danach ist träumen und assoziieren dem Gegenstand und dem Geehrten durchaus angemessen. Zum Abschluß dieser endlosen Rede möchte ich noch eine Videoüberraschung einspielen.

Per-Olof ("Peo") Wikström, geboren am 11. Oktober 1925 arbeitete als Zahnarzt mit Hypnose seit den Sechzigern. Früh schon engagierte er sich als Organisator und Trainer in der Hypnosefortbildung auf der ganzen Welt. Er war auf allen europäischen und den meisten internationalen Kongressen als Referent tätig. Er ist Ehrenmitglied in den meisten Hypnosegesellschaften und wurde kürzlich in Holland zum Ehrenpräsidenten der Europäischen Gesellschaft für Hypnose (ESH) ernannt. Seine bedeutendsten Auszeichnungen sind die Franz Anton Mesmer Medaille der Europäischen Hypnosegesellschaft ESH (1990), der Irving Secter Preis der Amerikanischen Hypnosegesellschaft...

Er ist Vorstandsmitglied der Internationalen Hypnosegesellschaft ISH seit 1982 und Diplomat des American Board of Dental Hypnosis (ABDH). Lange Jahre gab er die Zeitschrift HYPNOS heraus, die Verbandszeitschrift der schwedischen und gleichzeitig der Europäischen Hypnosegesellschaft. Er hat erfolgreich die eigenständige europäische Qualität in die internationale Hypnosearbeit eingebracht.

Um die Verdienste von Per-Olof Wikström würdigen zu können, ist eine Betrachtung seiner Vita interessant: Sie kann einen Eindruck geben, wie Peo zu seiner großen Liebe Hypnose gekommen ist.

Peo liebte schon immer die Musik und lernte Klavier, Akkordeon, Trompete und Cello so gut zu spielen, daß er als Entertainer mit "Wiener Musik" im Kaffeehaus sein Taschengeld aufbessern konnte. Er löste sich schon sehr früh von seiner Familie, kurz nach dem Abitur zog er (im besten Einvernehmen mit seinen Eltern) von zu Hause aus. Er hatte sehr früh das Bedürfnis autark zu sein und auf eigenen Beinen zu stehen. Seinen Lebensunterhalt verdiente er sich als Musiker für Tanzmusik in einer klassischen Swing-Jazz Bigband. Er lernte leicht und spielte nicht nur sein Lieblingsstück "Margie" auswendig deshalb hatte er auf seinem Notenständer die Schulbücher anstelle der Noten vor sich, um seinen Schulaufgaben nachzukommen.

Auf die Frage, wo er das meiste für die Hypnose gelernt hätte, sagte Peo: "Aus dem Beobachten der Leute beim Musikmachen und Musik ist Trance". Nicht nur das Leiten der Bigband, sondern auch das Beobachten der Leute, wie sie um zwanzig Uhr zum Tanzen kamen und wie sich ihr Verhalten im Verlauf eines feuchtfröhlichen Abends änderte faszinierte ihn und schulte seine Beobachtungsgabe. Zu seiner Schulzeit war in Schweden der Deutschunterricht als erste Fremdsprache Pflicht. Deutsch versteht Peo gut, er spricht es auch, wenn nötig. Er sagt, daß es die sture Grammatikpaukerei war ("die fünfte Deklination des Substantives"), die für ihn diese Sprache negativ besetzt hat.

Bei seiner Musikertätigkeit fand er bald in die Rolle des Entertainers, der durch seine locker wirkende Art ganz beiläufig Rapport bekommt und so durch seine angenehme Kommunikation zum gerne angenommenen leader wird. Gleichzeitig schulte er so seine Beobachtungsgabe, denn durch pacing, durch spiegeln wird ganz

In Schweden gibt es schon eine lange und gewachsene Hypnosetradition, die erste "Magnetismus Gesellschaft" wurde in Stockholm 1786 als Harmoniska Societeten (man muß diesen Namen einmal in Ruhe würdigen: "Harmonie Gesellschaft") gegründet, nur wenige Jahre nach der Gründung von Franz Anton Mesmers eigener Gesellschaft in Frankreich.

Weil es in Schweden normal war, als Zahnarzt mit Hypnose zu arbeiten begann Peo schon früh, bereits zum Ende des Studiums, sich für Hypnose zu interessieren. Und schon als junger Assistent wendete er Hypnose an.

Er war beim ersten Dreijährigen Ausbildungsprogramm in Schweden dabei, besonders Peter Blight forderte die Kandidaten durch Tieftranceerfahrungen mit Hyperventilations-Abreaktionen heraus und testete damit ihre psychische Stärke. Peo trat den Beweis an, daß er psychisch stabil war, er geriet in eine Ganzkörperkatalepsie, hatte aber keine Abreaktion, wie die meisten anderen Kandidaten.


Meine Bitte, sich doch selbst zu beschreiben, kommentierte Peo mit: "Ich bin von Natur aus ein Entertainer, ein Ice-Breaker und ich liebe es, meine Ziele zu erreichen". Mit seinem Humor und seinem Enthusiasmus schafft er, auch schwierige Verhandlungen voranzubringen, dabei versteckt er jungenhaft charmant seine
Begabung, konsequent ein Ziel zu verfolgen. Dafür war er immer zur Stelle, wenn es etwas zu tun, etwas zu organisieren gab.


Peo hat die höchsten Ämter in der internationalen Hypnoseszene innegehabt, er ist mit allen wichtigen Persönlichkeiten befreundet und hat sich und seine Position dabei nie in den Vordergrund gestellt oder seine Beziehungen zu seinem eigenen Vorteil benützt. Er hat sie aber häufig eingesetzt, um jungen Kollegen Zugang zu wichtigen Veranstaltungen und Hypnoselehrern zu verschaffen. Er freut sich am Vermitteln und am Abgeben von Aufgaben an junge Hypnosebegeisterte.

Wir, Gudrun und Albrecht Schmierer bekamen durch ihn die Gelegenheit in Brasilien, Belgien, Holland und Schweden als damals noch unbekannte Hypnosereferenten Erfahrungen und Freundschaften zu sammeln. In Rio trafen wir bei einem Aufenthalt in der Familie von Haehling-Lima: Lars Erik Unestahl, sowie den Erfinder der Terpsichore Trance Therapie (TTT), David Akstein. Bis heute in tiefer Trance-Erinnerung für alle Seminarteilnehmer ist unsere Tripelinduktion in

Pee engagierte sich neben Walter Bongartz und Burkhard Peter erfolgreich für die Aufnahme der Deutschen Gesellschaft für Zahnärztliche Hypnose (DGZH) als konstituierende Gesellschaft in die ISH. Denn schon 1973 war die B-Mitgliedschaft von Zahnarzthelferinnen in der schwedischen SSCEH Gegenstand von Diskussionen mit der ISH.

Ein wichtiges Kind von Peo war und ist das 26 Jahre alte Journal "Hypnos" der Schwedischen Gesellschaft für Klinische und Experimentelle Hypnose (SSCEH), das er viele Jahre lang herausgab und in dem er bis heute den Teil "We and the World" schreibt. Hypnos wurde 1990 zur Zeitschrift der ESH erweitert und Peo hat durch die Werbung von über 150 Mitgliedern für die "Foreign Member Section" ein einmaliges Reservoir an wichtigen Beziehungen für die SSCEH geschaffen.

Gute und langjährige Freundschaften auf der ganzen Welt, zum Beispiel mit Kay Thompson, John Heartland, Erika Fromm, Peter Bloom und Beata Jenks sind nach Peos Aussage die Grundlage seiner robusten Gesundheit, letztes Jahr allerdings mußte er nach Abgabe seiner meisten Aufgaben durch einige schwierige Herzprobleme durch, er hat sich aber inzwischen ganz prächtig erholt.


Heute erhältst Du den Milton Erickson Preis der M.E.G als über Jahre treuer und absolut zuverlässiger Freund, als Papa der Europäischen Hypnose und ich freue mich, Dir, lieber Peo mit dieser Laudatio einen
kleinen Dank für das, was Du für die Hypnose und für uns alle getan hast, abstatten zu dürfen.

Peo, wir lieben Dich!

Summary and Translation:
Milton Erickson Prize Eulogy

1999, at the Milton Erickson congress in Bad Orb, a Milton Erickson award was given to Per-Olof Wickström from Sweden. He had been president of ESH for several years, and also publisher of the journal HYPNOS. Attendants could enjoy speeches enriched with humour and some musical performances, like the “Celebration of Joyfulness” of Beethoven.

Albrecht Schmierer from Stuttgart, president of the German Society of Dental Hypnosis, eulogized on Peo: “I have the honour and pleasure to held this eulogy. Peo is my model, mentor, father and friend, not only for the Schmierer Family but for the whole international Hypnosis family. Even people who never have heard of him, can enjoy the results of his lifelong work for hypnosis. Without Peo, hypnosis never would have reached the meaning and the acknowledgement in Europe, from which we all benefit…..

This year, MEG (Milton Erickson Gesellschaft) wanted to give the award to a teacher, practitioner and diplomat of hypnosis, who is naturally gifted to communicate positively, constructively and warmly and for these reasons deserves a place in the history of hypnosis.”

Some data from Peo’s curriculum:

Per-Olof (“Peo”) Wickström was born 1925, October 11 and worked as a dentist since the sixties. Early on he committed himself to organise and train in hypnosis worldwide. He presented at all European and most of the international hypnosis congresses. He is honorary member of most of the hypnosis societies, and recently became honorary president of the ESH. In 1990 he received the Franz Anton Mesmer Medal of the ESH, 1991 the Irving Sector Price from the ASCH and in 1997 the Benjamin Franklin Gold Medal from the ISH. He was at the basis of founding the ESH and also became founding president. He has been Board member of the ISH from 1982 for many years, and Diplomat of the American Board of dental hypnosis. For many years he edited the journal “Hypnos”, journal of the Swedish and of the European Hypnosis Society.

He successfully introduced the typical European characteristics in the international field of hypnosis. To fully appreciate his merits, reviewing some of his life events are interesting.
All his life long he has been in love with music; he learned to play the piano, accordion, trumpet and cello; he could play so well that he could increase his amount of pocket money by performing Vienna Music as entertainer in a tavern. Very early he left his family, because of the need to find his own way in life, and could support himself as a musician in a classical Swing-Jazz Bigband. Not only did he learn to play his favourite piece of music “Margie” by heart, but simultaneously had schoolbooks on his stander to meet the demands of school. On the question where he had learnt the most of hypnosis, he admitted that it was by observing people as he was playing music: “music is trance”. His school of life was the public in a dancing palace. As a musician he took on early in life, the role of entertainer, who easily could build up ‘rapport’ with his light-hearted style and agreeable communication style.

Early on, already as a student in dentistry he started being interested in hypnosis. He attended the first 3-year training in hypnosis, and helped to organise the 6th ISH congress in Uppsala. There he would meet Kay Thompson and John Hartland, his most important teachers whose work served as a model for him. Other trainers of Peo were David Cheek, Harold Crasilneck, Helen and John Watkins, Barry Evans, Ernest Rossi and Marlene Hunter. Consequently, he became a member of the American Society of Clinical Hypnosis in 1973 when Kay Thompson was President of the ASCH. He was invited as Co-Trainer for numerous congresses and workshops in the USA. His important teachers in Europe were Hanscarl Leuner (famous for ‘Katathyme Bilderleben’ or Symboldrama, Heinrich Wallnöfer (Higher levels of Autogenic Training) and Dietrich Langen (step by step active hypnosis), who had a decisive influence on the foundation of ESH. Gerhard Barolin, Alfred Katzenstein, Gualtieri Guantieri, Mirian Pajntar (Slovenia), Stanislav Kratochvil (Czech) and Vladimir Gheorghiu are other important people in founding the European Hypnosis Society.

An important „child“ of Peo was the Journal "Hypnos" from the Swedish Society for Clinical and Experimental Hypnosis (SSCEH). For years he wrote the part "We and the World" 1990, Hypnos became the official journal of the ESH. The "Foreign Member Section" had up to 150 practitioners from all over the world.

Peo’s international honour lists reflects his career:

First honorary president of the 6th Panamerican Hypnosis congress in Rio de Janeiro 1978, honorary member of the Swedish, Slovenian, Italian, Israeli, Polisch Hypnosis Societies. 1982 he became Diplomat of the American Board of Hypnosis in Dentistry (A.B.H.D.), a society that by then had only 2 European members. 1990 he received the Franz Anton Mesmer Medal from the European Society of hypnosis (ESH) in Konstanz. 1991 he got the Irving Secter Prize from the American Society of Clinical and Experimental Hypnosis (ASCH), 1997 the Benjamin Franklin Gold Medal of the International Society of
Hypnosis (ISH) in San Diego (before him Milton H. Erickson, Ernest Hilgard, Martin and Emily Orne and Josephine Hilgard became this Medal as highest distinction ... all Americans, and Peo being the first European getting this distinction!) He received the Medal from Peter Bloom with a literal quotation of his own words: "**We must build bridges between the Old and the New World.**" In the meantime the expression "Building Bridges of Understanding" is the slogan of both Hypnosis Societies, the ESH and the ISH.

By the current celebration he receives the Milton Erickson Prize from the M.E.G (Milton Erickson Gesellschaft) as "a faithful and absolutely reliable friend, as a father of the European Hypnosis, and it is with pleasure that I, my dear Peo with this eulogy, want to thank you for that what you have done for hypnosis and for all of us!

*Peo, we love you!*

Eulogy written by Albrecht Schmierer
Summary and translation by Nicole

4) **News from the Constituent Societies**

a) **Italian Medical Association for the Study of Hypnosis – AMISI**

Associazione Medica Italiana per lo Studio dell’Ipnotosi - AMISI
Scuola Europea di Psicoterapia Ipnotica - SEPI
Società Italiana di Ipnotosi Clinica - SIIC

AMISI has updated its website [www.amisi.it](http://www.amisi.it) with the English version of three “Theoretical and Didactic Manifestos” and offers the free possibility to download them in their complete versions.

The European School of Hypnotic Psychotherapy – SEPI - will end its 2005/2006 academic year in June and will specialize 25 Psychotherapists, all of them PhD or MD. It has started new subscriptions for the year 2006/2007.

AMISI and SEPI began a formal scientific collaboration with three main Italian Psychology Faculties: Milan Bicocca University, Milan Cattolica “Sacro Cuore” University and Turin University. The collaboration aim is to co-operate on scientific research projects about clinical and experimental hypnosis and to keep in training some just graduates.

AMISI, SEPI and SIIC assigned to scientific work an award in memory of Marco Margnelli, SEPI teacher, died in 2005
b) Swedish Society of Clinical Hypnosis – SSCH

Good news: SSCH will start a new educational program for experienced licensed psychotherapists to become certified psychotherapy supervisors. It is a well respected program which has been offered by universities and the most prestigious institutions for psychotherapy in our country. The title “psychotherapy supervisor” demands having passed two years of half time “post license” studies in educational psychology, how to counsel psychotherapists and other health personnel, how to understand and manage parallel processes and group dynamics, advanced studies in clinical psychotherapy (at SSCH: hypnotherapy), research, science and writing a publishable paper.

Sad news: The Swedish Government withdraw the SSCH University status this year, which means that SSCH is not authorized by the State to offer the post graduate psychotherapy program, anymore. Of course we will continue offering educational programs for licensed professionals, and also the basic psychotherapy program which gives access to the advanced program, now offered by other institutes which still are authorized by the state. The benefit for SSCH from the withdrawal is however, that a tremendously lot of bureaucratic paper work will be taken off my shoulders. And that made me finally, after 15 years of refusing, accept the presidency of SSCH. SSCH urgently needed a pro tem president, so that is what I am, after Charlotte Holmqvist.

Good news: SSCH will celebrate 40 years in April 2007. Please come! We will offer seminars with Ernest and Kathryn Rossi, and also Peter Bloom. Saturday and Sunday 14th and 15th of April 2007 in Stockholm. Please contact: gunlögmarnell@home.se

5) Calendar: Upcoming Congresses and Activities

Société Française d’hypnose – SFH

La SOCIETE FRANCAISE D'HYPNOSE, dont l'objectif est de démystifier et de faire connaître l'hypnose et ses applications thérapeutiques, organise une manifestation sur le thème

HYPNOSE, MOTEUR DU CHANGEMENT
le samedi 21 Octobre 2006 de 9h à 17h à Paris.
Pour tout renseignement, contacter la SFH auprès de Bernard Mayer, secrétaire: mayerbernard@wanadoo.fr

Conféderation d'Hypnose et de Thérapies Brèves – CFHTB

5° Forum de la Confédération d'Hypnose et de Thérapies Brèves
Créativité et Interaction
Jeudi 17 au samedi 19 mai 2007

Palais des Congrès de Liège – Belgique
Informations: site internet http://www.cfhtb.org/
e-mail adresse cfhtb@skynet.be

BSECH, BSMDH, BSMDH (Scotland) and RSM - Joint Conference

Scientific Programme
10th & 11th May
Keynote Adresses Cristel Bejenke and Amir Raz
Special Cristel Bejenke Workshop
12th & 12th May
York, England

For further information contact Mhairi McKenna: mlm@sheffield.ac.uk

6) Publications Books Activities of our Members

a) The Hypnosis international discussion forum revival

A new hypnosis discussion list is up and running. Go to:

http://listserv.icors.org/SCRIPTS/WAICORS.EXE?SUBED1=hypnosis&A=1

to subscribe. ASCH (American Society of Clinical Hypnosis) is the official sponsor of the new list, George Glaser is the list owner, Carol Low is co-owner and I would like to invite you to join the list, and to tell others about it.

b) Request from the Bulgarian Association of Hypnosis.

Dear colleagues and friends,

Milen Nikolov from the Bulgarian Association of Hypnosis is writing to you.
We are planning to carry out a study of the appearing in hypnosis of a human figure without a face (or with vague, unrecognisable or turned face).

During the years in my hypnotherapy practice and hypnosis workshops such a figure has appeared more than ten times. He/she appeared spontaneously (was not suggested) in hypnosis with normal subjects and with persons with different disorders and illnesses as well. Several months ago I did hypnosis in Lebanon and such a figure appeared there again. Then I decided it will be worthwhile to carry out a study on this topic.

Marin Dimitrov, University student in psychology, will carry out the study as his thesis. He is trained in hypnosis and will do hypnosis with many people and when a human figure without a face appears with some of the subjects - he will do detailed case studies with these subjects.

I have not come across anything like this in the psychological and hypnosis and hypnotherapy literature. We searched in Internet – in English, Russian and Bulgarian and found something like this in poetry, art and political labelling but not in psychology or medicine. We suppose the appearance in hypnosis of a human figure without a face could be conceptualised in Jungian theory, other approaches in psychology or maybe mythology.

I am sending this e-mail to more than 200 persons and some hypnosis societies. We would like to ask you – if someone of you has available publications in this field or has similar cases – please, send these publications or notes to us. They can be in different languages. We will cite them (if unpublished – we will cite them as unpublished papers).

When the study will be elaborated – we will let you know about the results.

Best regards – Milen Nikolov

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c) Un nouveau magazine sur Hypnose et les Thérapies brèves en français!

HYPNOSE & THÉRAPIES BRÈVES
L'hypnose et les thérapies brèves rencontrent désormais l'intérêt du public et bien sûr des thérapeutes. Une revue devenait nécessaire pour témoigner de la vivacité de ces thérapeutiques.

Le premier numéro de “Hypnose et thérapies brèves”, magazine trimestriel, paraîtra le 12 mai et sera en vente chez les marchands de journaux.

L'hypnose, sous des formes méconnues, appartient à toutes les dynamiques créatives ; il ne s'agit pas de quelque chose « à part » sans lien, ni accès, mais d'un champ laissé en friche, juste à côté, qu'il suffit de « cultiver ». Privilégier le « comment faire ? » au « pourquoi donc ? » revient à favoriser les rapprochements, les associations, à sortir du cadre ordinaire et supposé juste. Autrement dit, nous irons faire quelques pas du côté de ceux qui font profession d'imagination et de sensibilité et capter leurs perceptions de situations que nos corporations médicalisent, parfois, à outrance. D'expression francophone, la revue se fera aussi l'écho de l'actualité internationale grâce à notre réseau de correspondants. Des dossiers seront régulièrement publiés, en préparation « La douleur », « Le temps », « La mémoire », « La pensée chinoise » « Le paradoxe ». Au total, 100 pages, sur ces courants, écrites par des spécialistes de ces horizons vous seront proposées trimestriellement.

Patrick BELLET, rédacteur en chef
bellet.pat@free.fr

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