



European Society of Hypnosis

In Psychotherapy and Medicine

Regulations

1) Regulations' Function and Amendments

The ESH Regulations complement the ESH Constitution. They can be amended by the votes of two thirds of the Council of Representatives (COR) members.

The vote can be undertaken: i) during the COR meetings
ii) by mail ballot

Mail ballot may be in the form of post, fax or e-mail.

All ballots must be authorised and signed.

All mail ballots must be received by Central Office.

Mail ballots will be time limited to 30 days from the date on the letterhead.

Any non-response will be taken to mean acceptance.

2) Elections

- i) Nominees to the Board of Directors have to be ESH Members by virtue of their Membership of Constituent Societies or Individually.
- ii) Nominations for election to the BoD must be received by Central Office four weeks prior to the Elections. These must be submitted in writing on the appropriate form. Nominations require a proposer and seconder and both of these must sign the form. The nominee must also sign to indicate their acceptance of the nomination.

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2) Elections (continued)

- iii) The nomination forms will specify the position of President-Elect, Treasurer, and/or Board Members.
- iv) A nominee may be proposed for all three positions.
- v) At the elections the first ballot will be for President-Elect.
- vi) Second ballot will be for Treasurer.
- vii) The third ballot will be for the other Board Members.
- viii) The Board will allocate the functions for first Vice President and Second Vice President and all other board functions among the elected Board Members.

Nomination forms are available from Central Office and will be sent out to registered COR members or their nominees.

3) Committees

To develop a more effective exchange among ESH Constituent Societies and common criteria in training programmes, clinical practice and ethical positions, ESH Committees will be established as needed.

C1) Committee on Educational Programmes in Europe (CEPE)

This Committee has the task to develop and propose common criteria of education in the field of hypnosis and also to set the criteria governing the awarding of the European Certificate of Hypnosis.

C2) Ethical Committee

The Ethical Committee has the task of maintaining the ESH Ethical Guidelines, and to act as a resource to Constituent societies. The Ethical Committee shall govern the execution of the Code of Ethics in co-ordination with the Constituent Societies.

C3) Web Committee

The Web committee has the responsibility of developing and maintaining the website for ESH.

C4) Constitution Committee

The Constitution Committee shall have the responsibility for the preparation of proposed amendments to the Constitution and Regulations.

3) Committees (continued)

C5) Media Committee

The media committee shall have responsibility for communicating with the wider community including colleagues, press, general public etc.

C6) Membership Committee

The Membership Committee will have the responsibility for reviewing applications for Membership from Societies and Individuals as specified in Article V of the Constitution.

C7) Newsletter Committee

C8) Book / Literature Review Committee

C9) Congress / Election / Evaluation Committee

C10) Journal Committee

C11) EU Committee

C12) Strategic Committee

C13) Financial Advisory Committee

4) Committee's Elections

The Chairs of these Committees are appointed by the Board of Directors. In exceptional circumstances the President may suggest a Chair for ratification by the BOD. Each Committee consists of a Chair and at least two committee members. The President may be an ex-officio member of all these committees. Any amendment to the size of the Committee is the responsibility of and in full agreement of that Committee.

5) Extraordinary Meetings

An Extraordinary meeting may be called by the Board of Directors or by a petition of one third of the COR.

There will be at least three calendar months notice of this meeting. Extraordinary meetings are classed as official meetings and therefore permit business and Constitutional decisions to be made.