



European Society of Hypnosis

In Psychotherapy and Psychosomatic Medicine

Our Ref: SL / CEPE / CH
Date: 24th April 2009

Dear C.O.R. Representative

We, at CEPE, have been very busy in preparing the implementation of the permanent criteria for the European Certificate of Hypnosis, which we would like to put into effect in the future. Until then, the grand-parenting criteria remain in effect (at least till Fall, 2010).

Primarily and importantly we envisage this Certificate as complimentary to, and in addition to, the well respected qualifications currently being offered by each of our Constituent Societies.

We sat for two days early March, in Istanbul, to work out the details and would now like to share our proposals with you.

As we want to place the ECH at a high professional level, comparable with the stringent training criteria of our developed Constituent Societies, we propose that the future recipients will have to meet the criteria approved by the COR in Vienna, which will include the following:

1. At least 200 hours of training over a period of no less than two years, which will include at least 50 hours of supervision (both group and individual).
2. Belonging to one of the health professions accepted by a Constituent Society.
3. Certified by the local Society as having completed full training as prescribed by that Society.
4. Providing three case presentations, to be certified by a supervisor (guidelines will be provided).
5. To be assessed in person by presenting one of the cases and having a discussion about hypnosis based upon the case/cases.

The personal assessment could take place during or around Congresses (ESH, ISH, selected local Congresses with international participation) so as not to incur extra expenses.

Each assessment committee could consist of a member of CEPE and an assessor from a Constituent Society. Assessors could be subsidised for any extra expenses incurred beyond the Congress.

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The assessing committee should include:

1. A speaker of the prime language of the applicant (if not possible, then the applicant may provide an interpreter)
2. A member of the same profession.
3. Each assessor should hold an ECH.

Future candidates for the Board of Directors of ESH will likewise be required to hold an ECH.

We therefore want to urge you to encourage your senior members to apply for the ECH while it is still possible under the grand-parenting clause.

Most importantly, we would like your Society to offer a list of qualified trainers and examiners for the assessment for the ECH.

Our intent is to foster a culture of progressive training in Europe and to endorse Pan European certification. Again, the high standards for an ECH will be instrumental in our dealings with the EU. We want to start a dialogue with your Society, as to how to promote the permanent training criteria approved last September most efficiently across Europe, and to request proposals that will ensure each trainee will fulfill the permanent training criteria.

Please bring these views to your Society.

Hoping to see you in Rome!

Yours sincerely



Shaul Livnay PhD, Chair of CEPE
On behalf of CEPE