

Guidelines for the Ongoing Maintenance of the ECH

The ECH is valid for three years and is contingent upon continuing professional development (CPD). Holders of the ECH will be required to provide a verifiable record of CPD, which CEPE has set at 60 points over three years. Once validated by CEPE, a new Certificate will be issued on payment of 100 Euros.

	Category	Type of CPD	Previous Validation by ESH as CPD	Number of CPs as an Attendee	Number of CPs as a Teacher	Notes
1	CONGRESSES OF ESH OR ISH	Lectures, Workshops Symposia, Clinical / Video Case	NO	1hour = 1CP	1hour = 2 CPs	Applicants must keep a track of Certificates of Attendance
2	CONGRESSES ORGANISED BY ESH CONSTITUENT SOCIETIES	Lectures, Workshops Symposia, Clinical / Video Case	YES	1hour = 1 CP	1 hour = 2 CPs	The content of their programmed Congresses will be sent to CEPE. The ESH website will then list these and specify the number of CPs validated. Applicants must keep a Certificate of Attendance.
3	SUPERVISION in Clinical Hypnosis (organised by Constituent Societies)		YES *	1 hour = 1 CP	1 hour = 1 CP	
4	TRAINING OF TRAINERS giving instruction in the clinical application of hypnosis	Training Courses organised by CS	YES	1 hour = 2 CP	1 hour = 2 CPs	Applicants must keep a track of Certificates of Attendance
5	OTHER SUBMISSIONS Publishing Teleconference Webinars Distant Learning	i) Publishing e.g. a book, chapter of a book or a paper in a scientific / non scientific journal ii) Other items at assessment			To be assessed by CEPE on review	This section can only constitute 20% of the total.

* Validated by certification during supervision

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