



Current and Future Benefits of Holding an ECH

Introduction

The European Certificate of Hypnosis (ECH) is awarded to professionals who have gained expertise in their field and are committed to the highest professional standards.

The ECH is granted by the European Society of Hypnosis to candidates who have completed an approved course of training within ESH Constituent Societies, and undertaken the prescribed hours of supervision and clinical experience.

The ECH is granted for three years initially (fee €75 / £62) and is renewable triennially (fee €50 / £42) on submission of a minimum of 60 CPs (Credit Points) of verifiable CPD (Continuing Professional Development).

Advantages

1. Holding an ECH gives an indication of a commitment to the highest professional standards.
2. Holding an ECH indicates accreditation to the only European-wide hypnosis society that adheres to strict professional standards in practice, in training and research in the field of hypnosis.
3. Holding an ECH is confirmation to colleagues, patients and clients that the holders are committed to continuous professional development.
4. Holding an ECH allows participation at special events for ECH Holders organised during the ESH congresses.
5. Belonging to an active and supportive community of like-minded colleagues.

Possible Future Advantages

- A. Being part of a web community of ECH holders.
- B. Participating in a focus group devoted to studying the development of hypnosis in Europe.
- C. Offering the opportunity to take part in innovative European wide research and clinical audit projects.
- D. Receiving discounted fees to ESH conferences.